

# How to Write a Diary

Diaries are great ways to keep track of your past and think about your future. You can make predictions about what will happen and see if they come true, and you can see how you changed

## Steps

### Sample Diary Entries

Sample Travel Diary



Sample Diary Entries



### Writing Your Own Diary

- 1 **Understand that eventually the diary will become your best friend, silent confessor, or witness.** You will eventually trust your diary with anything, even your biggest secrets.



- 2 **Put the date or some sequence information in the diary, maybe at the top of the page.** (example: 12-11-2007) Other ways might be 12:11:07, day # 123 of my life, or you can put the year at the corner of the page to show that it all takes place in the year. If all else fails, just write 12:11.



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- 3 **Start writing the diary only if you really have interest in it.** Do not just start writing because your friends are writing.



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- 4 **If you are writing a diary for the first time, always start with a small one.** For the first few days you may love writing in the big diary, but after weeks the thought of writing may daunt you. If you have already written a diary and are totally into it, then buy a fatter one. Try to buy diaries with locks because they are safer, but do not lose the key!



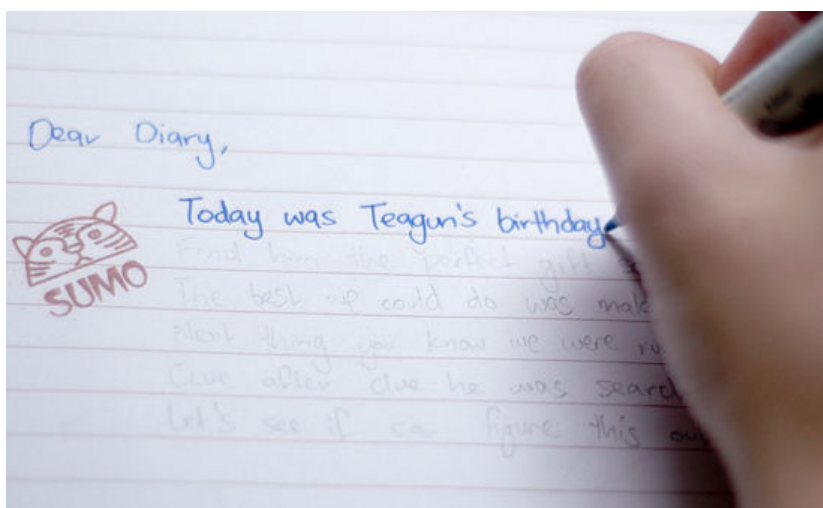
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- 5 **Try to write your diary at night because in that way, you can describe the entire day and schedule.** There is no point writing a diary when you wake up because the only thing you can write about is your dreams.



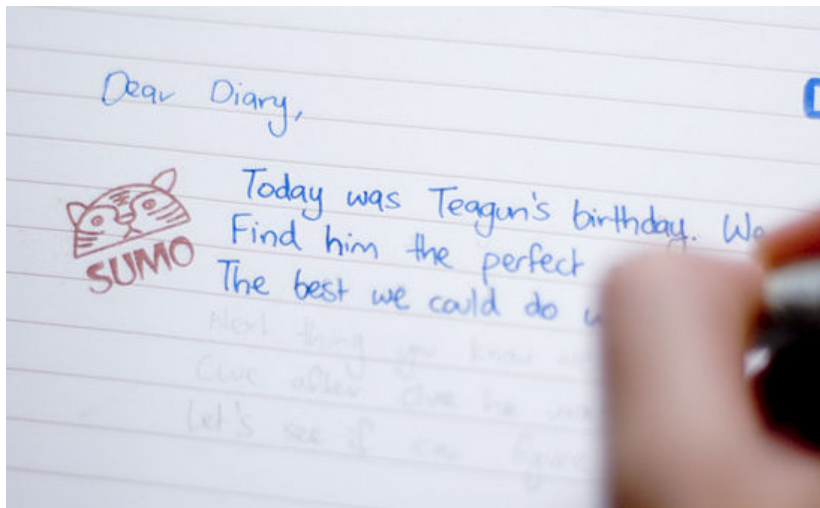
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- 6 **If you want, you can stick stickers on various pages or draw some doodles to express how you feel about something/someone.**



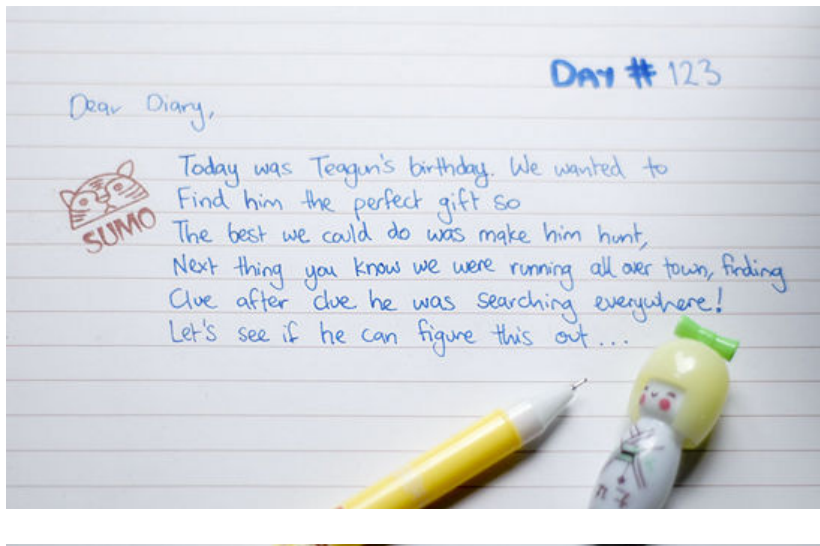
- 7 **Start writing!** Write about how you feel and why you feel that way. You can write about any celebration or disaster that happened that day. Or you can write freely. Put your pen to the page and write whatever is on your mind. Write cool facts, important information, advice, tips, ideas, crafts, recipes, anything you want to keep secret...the list goes on and on.



- 8 **Start with the morning.** Describe how it went and do not leave out any detail. If you wanted the day to go better, write how and why. If you have a special grudge against somebody, have no fear in expressing it. Move on to the afternoon, then the evening and finally the night. Always say good night in the end and promise to tell more later.



- 9 If you are not following tips number 8 and 9, and just writing in a paragraph about the incidents happening in your life, then you can use a fancy book mark (similar to your diary) to keep a record till where you have written and you can read back at your writings if you are writing after a few days.



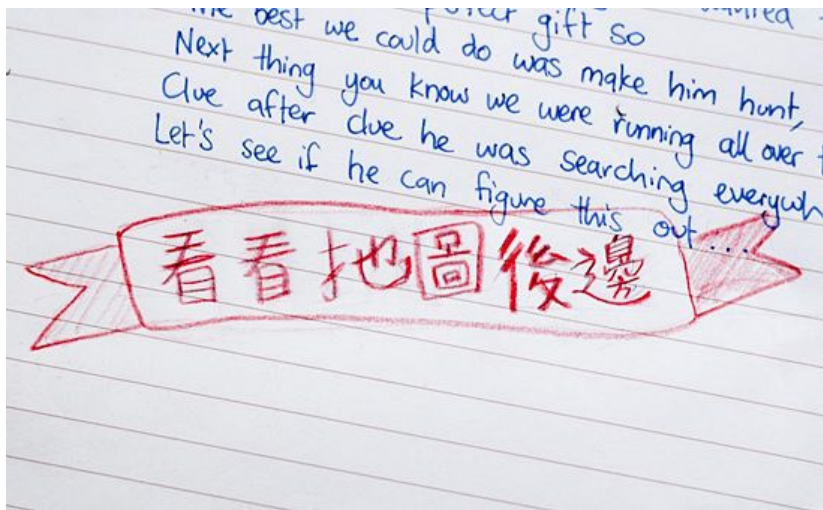
- 10 If you have not written in the diary for a few weeks, then do not worry about it. You can surely put up the new date and give the reason and apologize for it. After all, it is your friend! For example, - Sorry I could not write to you. I was terribly busy.



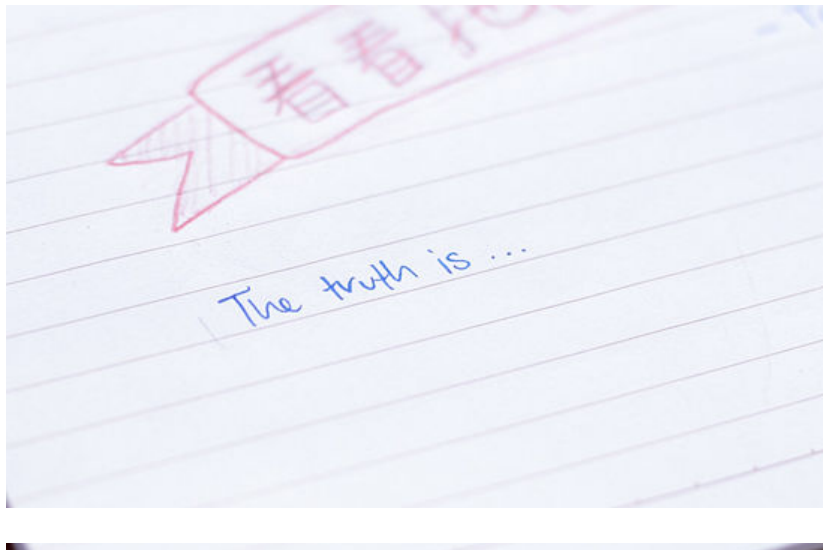
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- 11 **Always think that the diary is a real person and not a non-living creature.**



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- 12 **Add some doodles like a smiley face or anything that shows how you feel.** You should only do this if you want to. It does make it more fun for some people. Another suggestion might be to draw your own portrait or picture. You also might want to write some more about how your day went. Was it generally positive or negative?



- 13 **Do not write bluff.** Always write truthfully. This diary will always listen, never forget, never judge and nor will it ever reveal your secrets. So do not worry about writing the truth in it no matter how horrible it is.

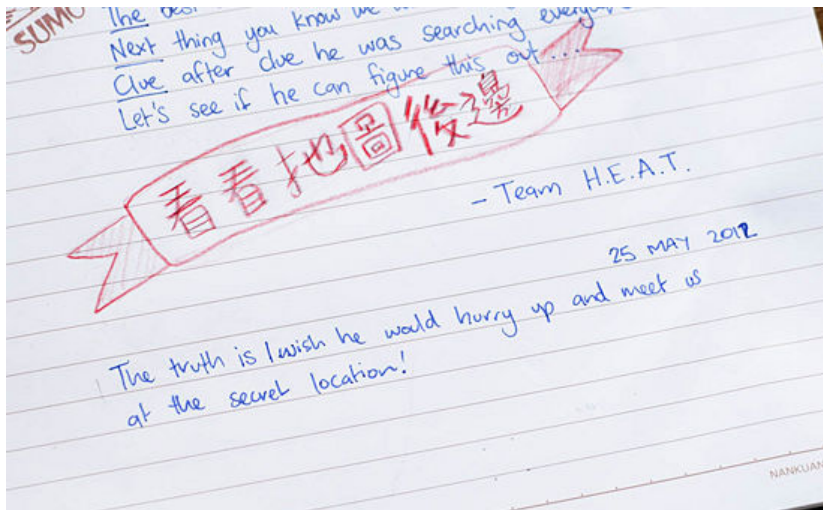


- 14 **Write about how you wish your day went.** Say what you think would make it better. (Example: You got a B on your test today. You wish you had a A+)

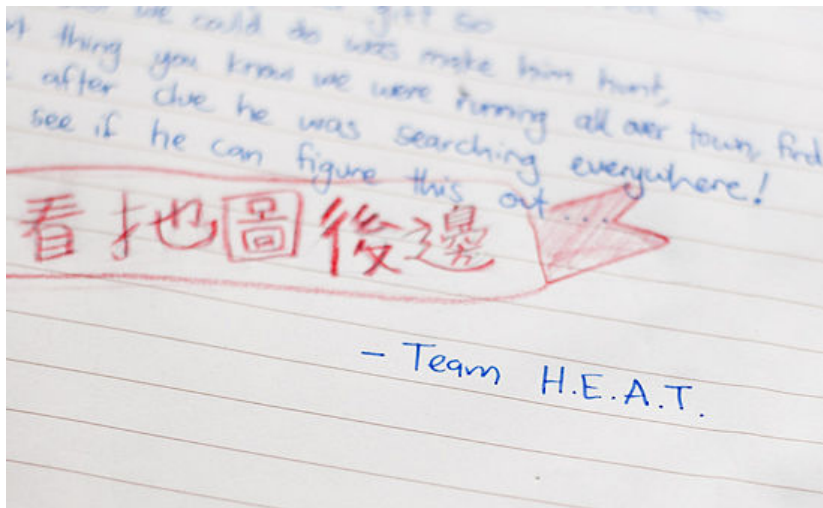
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- 15 **Close with your name.** You can also add your signature. If you want to, end your entry with "Bye" or "Good night." Remember that this is completely optional.



- 16 **You can also stick some souvenirs like photos, flower petals or anything associated with what happened that day to be more creative.** If you went to an amusement park or concert, you might even want to tape in your ticket stub!



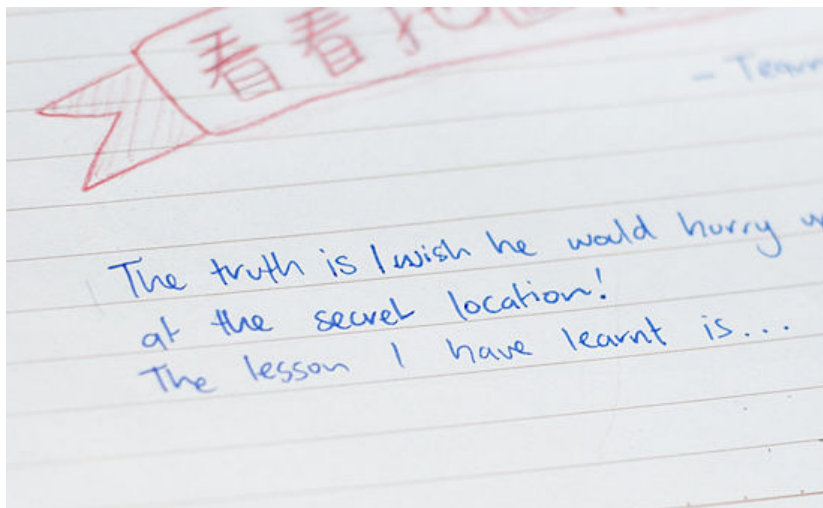


- Sticking an envelope into your diary can be a great way to safely keep photos, tickets, postcards, etc.

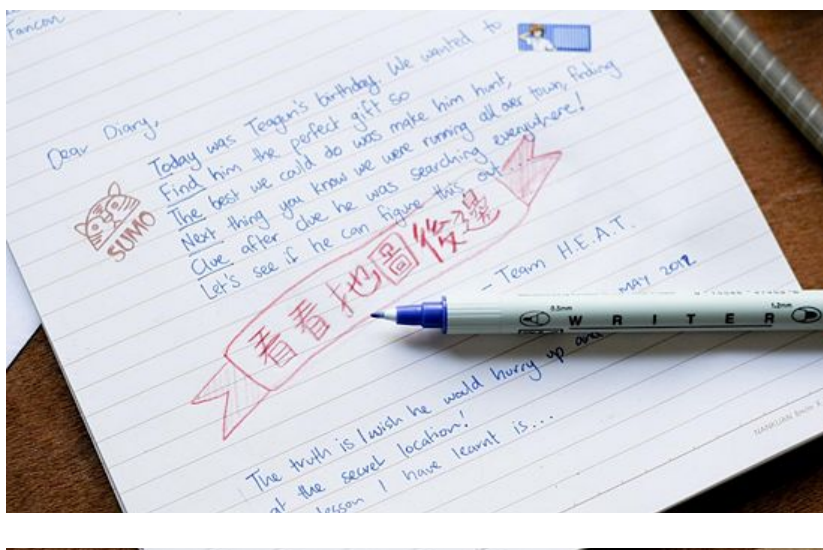
17 **Write truthfully in your diary.** Write about your secrets which you cannot expose in front of others. It can be about your ex-boyfriend (or girlfriend), something you saw on TV, or an old friend. It should be whatever you are and how it can relate back to you.



18 **Try something of your own.** For example, you can write at the end of every day "The lesson I have learned is that when life gives you lemons..." and write a different ending to the sentence every day. Be creative.



- 19 **Congratulations!** You have successfully written a diary. Make sure that you keep it hidden from sneaky siblings. Better yet, don't tell them you even have a diary. Remember that your diary is a part of you, and the point of keeping a diary is so that you can refer back to it in the future.



## Video

Writing a diary can sometimes be hard and time consuming. All of us have once started a diary but never went through with it. If you put aside a bit of time every few days, you will no longer feel as if it is boring or time consuming, in fact, you may look forward to this time or even increase it!

## Tips

- Remember that this is your diary, and you can write in it how you want. This page is just ideas, you can follow them if you like, but in the end it's your choice how you want to do it.
- **Keep it neat!** When you look back at the diary about twenty years from now, you at least want to be able to read your own writing!
- **Try not to write in it more than once a day.** If something drastic happens that you must write about put 'Later' under the part that you already wrote.
- **Pick a cover design that you think is nice or suits your style.** For example if you are kind of an artist, just draw on the cover or if you are much of a skater guy/girl, you can stick a picture of you doing a stunt on your skateboard or a picture of skateboards. Sometimes it can be as simple as a school notebook, which can be transformed with drawings, stickers, and even pipe cleaners!
- **Make it good to read** When you look back you want to enjoy reading it. Try starting the entry with something catchy or exciting. Like 'Oh my Gosh!' or 'You'd never guess what!' or even 'something awful happened today.' and then end with maybe writing your feeling so far in this day or doing a face to show how you are feeling.
- **Don't worry** if you can't write inside it every day
- Write all of your deep thoughts. If you keep things inside of you, there's no point in keeping a diary.
- Write whatever comes to mind. Lets say you just thought of a story or song, stop, put three dots, and just write it in. Then skip a line and continue writing. You never know what could happen!
- A format you can use is to write your entry on one side of the page and on the other side put a picture of whatever you did. For example if you went to Florida with your friends you can put a picture of you and your friends there. And even if you don't have pictures you can always put a souvenir like a bag of popcorn you got on your first date. Little things like that. But you should try and find a moderately large book for this.
- You can put quotes in it if you wish, for example: "To the well-organized mind, death is but the next great adventure". Albus Dumbledore-
- Harry Potter and the Sorcerer's Stone. You can write a quote on a page and then decorate it too. Its much more fun and this expresses your feelings.

## Warnings

- If you write very personal entries, make sure **no one** else can read them. If you're really worried about this, get a notebook with a lock, or transfer your diary online to your computer, and put a password on it.
- Never write anything you'd hate to see when you look back at it...unless you think that it might help you recover from 'whatever you would hate to remember'.
- Keep your diary in a secret place. Be careful that it does not get in hands of any unwanted person, such as siblings, or even your parents. Try hiding it in your closet, in a bag that nobody uses, or even in your pillow case.
- Keep in mind that if you are incapacitated or worse, your diary becomes a document that will have some legal status. This is not a bad thing--but remember that if you make a note to yourself like "Call the lawyer about George [and the car; his moving into the house; sending the children to Mother's), such notes may be taken to express your intentions when you no longer can do it. If you change your mind about a diary note, erase it.
- If it is found, it is perhaps all your secrets being leaked to the world. Make sure it never happens by hiding it well, not telling anybody you have a diary, and only writing in it when nobody else is around.

## **Related wikiHows**

- [How to Hide Your Diary](#)
- [How to Use a Headache Diary](#)
- [How to Find out if People Have Read Your Diary](#)
- [How to Keep a Diary and Stick to It](#)
- [How to Create and Write in a Spy Diary](#)
- [How to Write a Novel in Diary Form](#)
- [How to Write Yourself Into Your Diary](#)